

Life At Work

Making the transition from school or university to work is no small step. In fact studies show that young people require considerable support during this early stage to ensure their employment is sustained.

With the average person spending over 90,000 hours of their life at work, and changing jobs seven to eight times before thirty - It's critical to prepare.

Life At Work is a high energy seminar that addresses key elements, often lost and forgotten in the lead up to entering the workforce.

Sarah Curnow, a passionate and outspoken career banker turned entrepreneur delivers a message with conviction. "Young people need to view their career as the equivalent of a rollercoaster ride but understand that they can control the dips and turns."

Life At Work will explore how to:

- Leverage your strengths to produce great work
- Influence what people say about you
- Embrace both good and not so good feedback
- Start building a success story for your future

This seminar is ideal for high school leavers, college graduates and developing young professionals.